



Welcome to Bunny Rabbits, Jackrabbits, Go Ski Girls & The Boys Club

A National Ski Program

Helping kids learn skills and stay active all winter long

Parent Information:

Dress Code: *Dressing your kids for the weather will ensure they have a fun lesson!*

All body parts must be covered, especially earlobes; layers of clothing works best. Scarves/ neck warmers or buffs must be worn, however these can remain at half- mast, ready to spring into action if needed.

Wearing old socks with the toe piece snipped out over your boots works reasonably well to keep toes happy when the weather is chilly. Do not squish your toes with socks that are too thick. Toes need wiggle room. It is best to wear clothing that wicks away moisture as your layer closest to your little ones body.

When the kids start moving, they will warm up. If its milder out they may want to strip down their coats and ski in their sweaters. Light layers that can be added or removed are best. Kids should always wear ski pants as they may be on the snow on their knees or on their bottoms at times.

What Happens Saturday morning:

Rise & Shine!!

Check the weather and your emails for any communication from us. Parent weekly emails will be sent out by Wednesday @6pm. Emails will include any information you need to know for your next lesson and Club events. If you are not receiving our emails, check your spam folder and check your email address with us. Our email address is jackrabbitswnsc@gmail.com.

Rental Equipment ~Parents, if you need rentals or your child needs to switch out ski gear, arrive early to do this. The rental room is open on Saturdays from 10-10:25am for The Kid's Learn to Ski Program. The Rental room is located on the lower level of The Steve Cooper Lodge. **Parent are given free rentals if they wish to ski with their kids during lessons. Parent rentals are to be returned at the end of each lesson.**

10:15am ~Arrive at the ski club and have your skis ready to go; leave skis outside somewhere you'll be able to find them. Label your equipment. Masking tape or painters tape is good for labelling equipment.

10:30am ~Jackrabbits, Go Ski Girls & The Boys Club Meet with your group leaders upstairs in the ski lodge for announcements & planning for the day's lesson. Jackrabbit attendance and progress sheets will be kept at the lodge to be reviewed and updated weekly. Parents, if you

would like to ski with your child, please feel free to do so. Our leaders appreciate having an extra pair of hands around to assist with the classes.

10:45 to 11:45am ~Bunny Rabbits (Bunnies rule the trails too!) Meet with your group and leaders upstairs in the ski lodge for announcements & planning for the day's ski by 10:45am. Parents, please help your child into their skis prior to the start of the class.

11:45 to 12:00pm ~All classes return from skiing; hot chocolate & cookies in the lodge! Parents, if you do not ski with your kids, please ensure you are at the main Stadium (behind the club where lessons start) to help your child with their skis by 11:45am.

Canceling lessons:

Check the temperature outside (we use the environment Canada website). Toes can start to freeze at temperatures colder than -20 Celsius. We cancel skiing at -20 Celsius. **The decision to cancel skiing will be made by 9:00am Saturday morning** based on the temperatures posted by Environment Canada website.

If we decide to cancel a lesson, you will be informed by 9:15am by email and it will be posted on the Wapiti Nordic website & Facebook page. Go to wapitinordic.com or find us on Facebook.

If we decide to cancel we will send all parents an email and post on FB. *No news from us, means the lesson is a go!

If in doubt regarding skiing, contact your ski leader. We will try our best to get back to you, but are often busy getting ready for lessons in the morning. Parents are asked to decide for themselves and their little skier(s) what they would like to do when the temperatures drop close to -20.

Ski Equipment Returns at the end of the season:

The Kid's Learn to Ski Program runs from January to March. We ski till mid or end of March dependant on snow conditions. Usually by the end of March it gets too icy to ski. Parents will be notified 1 week before the last lesson.

At the end of your child's last ski lesson, we ask you to please return your rental equipment. A Volunteer or staff will be available in the rental room to take your child's equipment and sign off that **ALL** pieces were returned. If you miss returning your rentals, please contact us immediately to make arrangements. You can contact us via email at jackrabbitswnsc@gmail.com

