

Welcome to Bunny Rabbits, Jackrabbits, Go Ski Girls, The Boys Club & Track Attack Typical Saturday Morning Schedule

Rise & Shine! Check the temperature outside. Parents are asked to decide for themselves and their skier(s) what they would like to do when the temperatures drop. Edmonton seldom cancels skiing. Yellowknife cancels at -30 Celsius. Toes can start to freeze at temperatures colder than -20 Celsius. Wearing old socks with the toe piece snipped out over your boots works reasonably well to keep toes happy. Do not squish your toes with socks that are too thick.

Toes need wiggle room.

Let's **cancel** the WNSC skiing at **-25 Celsius**. If in doubt regarding skiing, contact your ski leader. Bunny Rabbits will cancel at -20 Celsius. The decision to cancel skiing will be made by 9:00am Saturday morning based on the temperature posted on the WNSC website. Go to wapitinordic.com and scroll to the bottom of the page for temperature information.



Dress Code: All body parts must be covered, especially earlobes; layers of clothing works best. Scarves or neckies must be worn, however these can remain at half- mast, ready to spring into action if needed.

10:15 Arrive at the ski club if your skis are ready to go; leave skis outside somewhere you'll be able to find them.

Label your equipment.

10:30 Jackrabbits, Go Ski Girls & The Boys Club

Meet with your group leaders upstairs in the ski lodge for announcements & planning for the day's ski. Jackrabbit Booklets can be kept at home and updated annually, creating a nice record of a skier's achievements. Jackrabbit attendance and progress sheets will be kept at the lodge to be reviewed and updated weekly. Stickers are awarded

based on this information, so parents, please help your child keep this record up to date. Parents, if you would like to ski with your child, please feel free to do so. Our leaders appreciate having an extra pair of hands around to assist with the classes. Sorry Go Ski & Boys Club, there are no booklets for your ski groups.

10:45 to 11:45 **Bunny Rabbits** (Bunnies rule the trails too!) Meet with your group and leaders upstairs in the ski lodge for announcements & planning for the day's ski. The Bunny Rabbit Booklets can be kept at home and updated at the end of the season. Bunny Paw stickers will be sent home regularly as your child progresses through Bunny Rabbits.

Parents, please help your child into their skis prior to the start of the class.

11:45 to 12:00

Return from skiing; hot chocolate & cookies in the lodge! Parents, if you do not remain at the ski club, please ensure you are back to pick up your child by 12:00 noon.