

**WAPITI NORDIC SKI CLUB, Grande Prairie,  
VOLUNTEER RISK ASSESSMENT AND ACKNOWLEDGEMENT  
TRAIL MAINTENANCE (NO POWER TOOLS)**

The Wapiti Nordic Ski Club thanks you for volunteering to keep the trails in top condition for the members and guests of the Wapiti Nordic Ski Club.

Your efforts are required to execute this work but your personal safety and wellbeing are more important than any activity that you might perform. If at any time you feel that you need to stop your activity in order to stay healthy and safe please inform your activity coordinator and understand that we recognize the priority of your health and safety.

Risks/Mitigation

**Outside exposure risk;** wear layered garments, take breaks indoors as available and needed, consume fluids especially warm drinks during the winter period, avoid areas with full wind exposure if at all possible.

**Working remotely risk;** if your task requires you to be in a remote location take a radio or share cell phone numbers to ensure communication is possible, when at location verify that the communication is working and check-in on an agreed to schedule.

**Repetitive motion risk;** use alternate body positions, take breaks and share tasks.

**Uneven and soft walking surface risk;** be aware of the surface that you are walking on and be 100% confident of your footing prior to proceeding, avoid rushing.

**Use of hand tools risk;** use only tools that you are trained to operate, be aware of pinch points and cutting surfaces, use tools for the purpose that they are designed to perform, ask for help to support or move material, apply only the force that you are capable of.

**Power tools used in vicinity risk;** confirm with the operators of these tools the danger zone and keep clear, wear the recommended Personal Protective Equipment.

**Falling/moving material risk;** if material has a risk of falling create a plan with co-workers, establish spotters and exclusion zones during specific activities, avoid the tendency to rush.

I understand these risks and pledge to follow the mitigation actions to eliminate my exposure to them.

Name (print & sign) \_\_\_\_\_ Date \_\_\_\_\_